

RISE & SHINE

MON-FRI 7AM TO 10.30AM | SAT & SUN 8AM - 11AM

Porridge Oats

berry compote, homemade
crunchy granola, honey
1, 7
7

Smoked Salmon

scrambled eggs, toasted
croissant
1, 2, 4, 12, 14
12.5

Fruit Plate

selection of the
season's best
please check for allergens
7

Meat & Cheese Plate

selection of baked ham, salami,
cheddar, brie, relish, homemade
brown soda bread
1, 6, 7, 9, 10, 11, 12
10

Granola

homemade granola, natural
yoghurt, fruit compote
1, 7, 8, 11
7

Waffles & Bacon

homemade waffles, crisp streaky
bacon, maple syrup
3, 7, 12 [#]
12

Smoked Trout Kedgeree

spiced rice with smoked trout,
garlic, herbs, poached egg
3, 4, 9, 11, 12 [#]
12

Lean Breakfast

turkey mince, spinach, garlic,
tomato and poached egg
3, 9, 12 [#]
12

Grilled Breakfast

pork sausage, dry cured bacon,
black pudding, fried egg,
mushroom, tomato
1, 3, 9, 10, 12
15

Statham's "Beans on Toast"

white beans in a spicy tomato
sauce with fried egg, cheese,
grilled tomato, mushroom,
sourdough toast
1, 3, 6, 7, 10, 11, 12 (Vegan option
available without egg & cheese)
12

SNACKS

Scone of the day	4.5
Pain au chocolat	4.0
Peanut butter bar	4.5
Choc power bar	4.5

DRINKS

Americano	3.7
Espresso	3.2
Double espresso	3.7
Flat white	3.8
Latte	4.0
Cappuccino	4.0
Mocha	4.2
Coffee frappe	4.8
Breakfast tea	3.4
Herbal tea	3.4
Iced tea	4.0
Hot chocolate	4.5
Green smoothie	5.0
Fresh orange juice	5.0

OUR SUPPLIERS

Riversfield Farm

Kilkenny - Organic
vegetables

Countrystyle Meats

Kilkenny - Breakfast meats &
charcuterie

Kish Fish

Dublin - Fish

Deegan's

Kilkenny - Fruit & vegetables

Kells Wholemeal

Kilkenny - Flours

Walsh's Sunshine Juice

Carlow - Freshly squeezed
orange juice

ABOUT OUR BREAKFAST

Our team takes breakfast seriously and believe a great breakfast sets you up for the day.

We take pride in our home-made, freshly cooked breakfast dishes which are crafted with love by our talented chefs, using many locally sourced ingredients from the most reputable and certified suppliers. We are delighted to be awarded 'Ireland's Best Hotel Breakfast' 2022, by renowned food critic Georgina Campbell

ALLERGEN GUIDE

1 Gluten / 2 Crustacean / 3 Eggs / 4 Fish / 5 Peanut / 6 Soybean / 7 Lactose / 8 Nuts / 9 Celery / 10 Mustard
/ 11 Sesame / 12 Sulphur / 13 Lupin / 14 Molluscs / [#] Gluten free available on request